

100 Elk Outdoor Center Packing List

100 Elk is located in a mountain environment with variable weather conditions all year. Please use the following list as a guide for preparing for your outdoor experience at 100 Elk. Plenty of warm layers and good footwear are important.

Please mark each article of clothing with your name:

- Sleeping bag
- Pillow
- 1 pair of waterproof boots or snow boots
- 1 pair of tennis shoes
- Warm coat or parka
- Rain jacket
- Sweaters or sweatshirt (fleece or synthetic fabric preferred)
- Warm gloves or mittens (2 pairs is best)
- 1 warm hat
- 1 sun hat
- 2 T-Shirts (long sleeve or short sleeve)*
- Underwear*
- Long underwear
- 3 pairs of warm socks, including one tall pair*
- 2 pairs of jeans or long pants (horseback riders must bring jeans!)
- 1 pair shorts (depending upon weather)
- Towel and washcloth
- Warm pajamas or sleepwear
- Toothbrush and toothpaste
- Soap, shampoo, hairbrush
- Sunscreen minimum SPF 30, SPF lip balm
- 2 water bottles
- Flashlight or headlamp
- Bandana
- Daypack

Lake Activities: (Canoeing, Rec Time)

- 1 pair of water shoes or sandals
- An additional (large) towel
- Swimsuit (if your school allows swimming you will need to check with your group)

Optional:

- Slippers (for cabin only)
- Camera
- Sunglasses
- Binoculars

^{*}Adjust the number of socks, underwear and shirts depending upon the number of days you're staying at 100 Elk.